



GIRL GUIDES SOUTH AFRICA
CAPE WEST

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TERM 4 2018

Hello everyone

Another exciting year of Guiding has quickly gone by, with so many highlights, some of which we would like to share with all our members. A photo that was on Facebook, Twitter, Cape Times, JellyBean Journal and other media, heads our Newsletter this term. In celebration of the *International Day of the Girl Child*, our Chief Commissioner, Sizeka Rensburg, together with 20 Girl Guides and Rangers (9 from Cape West), have been invited to Tuynhuys for breakfast with Minister Nkosazana Dlamini-Zuma, followed by a tour of Parliament. Once again, through Guiding, these young ladies had a wonderful and unique experience, learnt so much and were in a position to advocate for the empowerment of woman through education and broader career opportunities. Our girls and young women voiced their concerns about inequalities that girl children experience including: violence against girls and young women, gender equality in the workplace, the unequal expectations in the behaviours of girls compared to boys and the costs of sanitary pads vs the free distribution of condoms. The girls were encouraged to believe in themselves and to aim for the sky with their goals.

TEDDIES

This term's highlight for the Teddies must definitely have been the visit to Intaka Island. From reports received the Teddies had lots of fun, learnt a lot about the environment and even made some yummy eats. Thanks to Nicola and her team.



BROWNIES

The Greatest Show Pack-O-Rama took place at Apostle Battery in Llandudno from 2 - 4 Nov. 66 Brownies and 12 Adult Leaders spent the weekend learning about life in the circus. On the Saturday they walked down to the beach where they did acrobatics in the sand. They learnt about what to do when they find a stranded animal on the beach. After a rest and lunch, they split into Sixes and did balloon-shaping, card tricks, juggling, ring-toss, stilt walking and lasso. For supper the Brownies had to string spaghetti through potatoes, carrots and beans and mixed their own sauce to go over the supper. On Sunday they took a walk to the Canon and learnt about the history of Apostle Battery. After a filling morning tea, it was time to say thank you and goodbye. Well done to Melinda and her team.



Congratulations to Monte Vista Brownies who celebrated their 50th birthday this term. ►



▲ **Somerset West** Brownies enjoyed mapping at Radlof Park.

Fish Hoek Brownies Christmas Good Turn. Care parcels for Living Hope ►



GUIDES

For those who missed out on the Team Girl Challenge from WAGGGS here are some action photos of another successful event which was held at the Princess Vlei Eco Centre.

For 2018 the focus is on helping girls reach their full potential. We want all girls to be their own superheroes and use their power to change the world!

The Guides had an immense amount of fun making new friends, cooking their own dinner and dessert on a hunter's fire, taking part in a science fair with crazy experiments and many other amazing activities. A big **Thank You** to [Robyn Grant](#) for organising this awesome camp and to all the adult leaders who assisted!

Outdoor Cooking



Designing their own

camp tshirts.



Science Fair:

Elephant toothpaste. ▶



Cape West hosted a **Jota Joti 2018** station. Cubs and Scouts were invited to join. The amateur radio hams were set up, as well as a radio and a Morse code station. The girls did semaphore signalling and chatted on Scoutlink web chat. They connected with lots of different countries. Some links were from Netherlands, Spain, Portugal, Sweden, Norway, Nigeria, Great Britain, Austria, Japan and many more.....



Guiding in the Outdoors!!!!!!



2nd George Brownies recently had their Pack Holiday! 17 brownies and two ranger helpers spent the weekend at High Ridge Farm campsite in the foothills of the Outeniqua mountains. The brownies completed the international #TeamGirl challenge and also enjoyed a lot of outdoor fun.

George Guides and Rangers hiking in the Baviaanskloof.



They spent two nights in caves. The Baviaanskloof is very rugged terrain. The wild flowers were magnificent and they could easily spot ten or more different types along the way. The group comprised of guides, rangers family and friends and everyone had a great time. Sounds like an amazing adventure!!



Hike along the Pipe Track. ▲

► A hike took place along the Liesbeek River Trail.

Phil McLean, Manager and Chair of the Friends of the Liesbeek went along to tell them about the ecology and management of the River and many other interesting things.



Guiding has so much to offer - 4 Cape West Guides participated in the Sea Scout Sailing Course held at Sandvlei.



Two members from Fish Hoek Ranger Crew (Kerryn 15 and Tyla, 16 centre in the photo), have been selected to be part of the crew to compete in the St Helena Race sailing from Cape Town .

The competition involves racing to St Helena with a crew of 8 from December 26, 2018 until 16 January 2019, and then a further 2-3 weeks sailing back on the JML Rotary Scout.



They will depart from False Bay Yacht Club on

Wednesday 26 December and have until the race cut-off

date of Tuesday 15 January 2019 to reach the island. A short time to explore the historic island of St Helena will be granted, before heading back to Cape Town on Wednesday 16 January – a journey that will take two to three weeks, as they will be sailing against the trade winds. They will be blogging during the trip .

What an incredible adventure awaits these 2 young ladies!! We wish them well and look forward to hearing all about their trip in the new year. As one of our Guide campfire Guide songs go.....

"Go well and safely, go well and safely, go well and safely, the Lord be always with thee. "

Welcome

11 Teddies, 8 Brownies and 6 Guides were enrolled at Eluxolweni Primary in Khayelitsha this term. We hope you are going to have lots of Guiding FUN!!!!



RANGERS

A Ranger Camp was held in Somerset West: It started with a gruelling 5-hour hike, followed by a peer ed session on cell phone photography, a vigorous shopping session at the local Pick 'n Pay (shopping on a VERY small budget takes a lot of thinking!!), patrol cooking and an in-depth and informative discussion with our National Ranger advisor on what the girls want and expect to get from THEIR ranger programme! Great weekend in Somerset West!!!



Guess who is this going on a leisurely walk while at Ranger Camp!!!!



Congratulations to Catherine Valentine from Cape Pen on being awarded the Protea Award.



Southern Cross Competition:

Hot off the press! It only finished late Sunday, with 14 teams competing and more than 20 adults setting up the challenges, judging the results, feeding over 100 people at each meal (and trying very hard NOT to feed the baboons also), looking after the health of everyone (which was a full time job) – and actually organising this amazing weekend.

The winners were:

Overall Guide team – Fish Hoek Guides (Malaysia team)

Overall Ranger team – Bothasig Rangers (Guam)

Best STAs, Guides –Rondebosch Guides (Canada)

Best STAs Rangers –Bothasig Rangers (Guam)

Golden Apple Pie Award – Bergvliet Guides (Philippines).

Congratulations to all the winners, and congratulations also to all the other teams, everyone worked hard, played hard, smiled, and (I hope), enjoyed themselves and learnt a lot. Photos and more information on this amazing competition next term.

TREFOIL GUILD



The ladies in red love being out and about!!!!!! Sonstraal having their meeting in Paarl.



to all the Guilders who celebrated their birthdays this term.
Special 90th Birthday wishes to Joan Nienaber 12 December
and Mary Lake from Helderberg 93 on 15 December .





The theme for Kon-tiki 2019 is 'from Roal Dahl' Best of luck to all our teams planning on entering.



To all of us from the Office, our best wishes to you and your families for a safe and happy holiday. To those celebrating Christmas, may it be a blessed time !

CONGRATULATIONS

Congratulations to all the Teddies, Brownies, Guides, Rangers and adults who have worked so hard and achieved so much this term.

Teddies Honeypot Award:

Lily Madinga – Bergvliet Teddies

Emily Horton – Edgemoed Teddies

Brownie Golden Hand Award:

Aakifah Baartman – Bergvliet Brownies, Kristin Wannenburg – Bervliet Brownies

Morgan McRae – Bergvliet Brownies, Thaakirah Baartman – Bergvliet Brownies

Victoria Collins – Edgemoed Brownies

Darcie van de Niet – Fish Hoek Brownies, Demetria Morvis – Fish Hoek Brownies

Leah Naidoo – Fish Hoek Brownies

Phoebe Clewerth – Fish Hoek Brownies

Tina - also from Fish Hoek Brownies

Ashley Hoon – George Brownies

Isabella Botes – George Brownies

Eden Gates – George Brownies

Carla Nesbitt – Rondebosch Brownies

Kate Featherstone – Rondebosch Brownies

Olivia du Toit – Rondebosch Brownies

Morgaine Barry – Table View Brownies

Guide Chief Challenge award:

Carrissa Merrington – Bergvliet Guides Emma Vollmeyer – Bergvliet Guides

Jaime van Rheede – Bergvliet Guides Sara Trout – Bergvliet Guides

Tyla Lottering – Bergvliet Guides

Alakhe Arosi – George Guides Katherine Armstrong – George Guides

Rene Smit – Monte Vista Guides

Adult Catering Award:

Carol Wannenburg – Cape Point Meggan Groom – Cape Point

Adult Residential Camping Qualification:

Robyn Grant – de Grendel

Adult Facilitator Qualification:

Ann Bam – level 1 and 2

Jacqui Augustyn – level 1

DATES TO DIARISE FOR THE FIRST TERM OF 2019
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- January 8 Office and shop opens
- January 26 Amazing Race – flyer has gone out but will go out again next term
- February 2 Outdoor Fun Day – all adult leaders
- February 9 Adult Leader Qualification Training
- February 15, 16, 17 Brownie Pack-O-Rama
- February 16 Boating
- February 22 Thinking Day
- February 24 Guide Sunday, where girls can earn the WAGGGS Thinking day badge
- March 1 – 3 Advocacy/ ABC Training
- March 9 Boating + Kontiki water sports
- March 15 Schools close

