



GIRL GUIDES CAPE WEST  
SOUTH AFRICA  
9 Central Square , Pinelands, 7785  
Tel : 073 976 9922  
ggcw@telkomsa.net



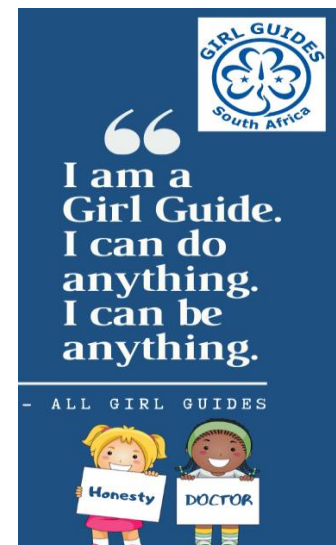
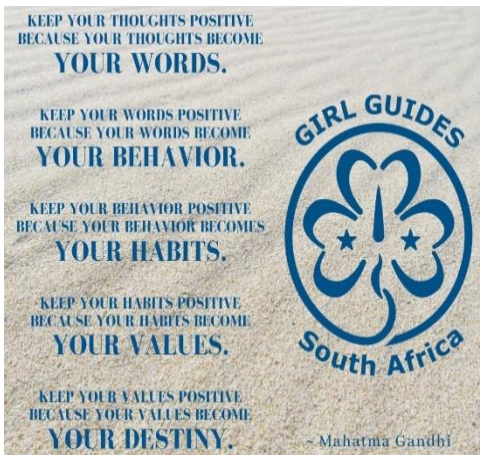
## TERM 2 2020

Warm greetings to you all

A headline with a difference this term. We all seem to have these buzz words floating around in our heads day in and day out: Covid-19, lockdown, pandemic, sanitise, social distancing, frontline workers, virtual meetings and the list can go on and on. However, it brings to mind one of Lord Baden Powell's sayings: "A Scout smiles under all difficulties." Girl Guides in Cape West did just that over the past few weeks. Challenges kept everyone going and judging by the number of photos shared on social media, there were laughs a plenty!!!!



## Some words of encouragement



## Challenges:

*Circular 19-20*

### **YOUNG LEADER CHALLENGE**

The Challenge will run from 6 th May to 6 th August 2020.

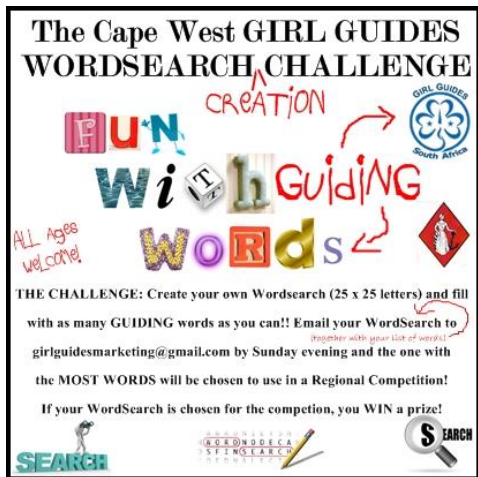
Who can take part? The Challenge is ideal for Young Leaders as you await to return to your tertiary institutions or work. It also allows you to pass clauses from your Branch Programme at the same time! The Challenge is also open to any Adult Leader (Unit Adult Leaders or Assistants,

Facilitators, Regional portfolio holders, Trefoil Guilders, GSG members) as we explore taking our Guiding World into "life after lockdown"!

**To remind you of the other Challenges that have been issued :**

Earth Hour, Malta Challenge, City Nature Challenge, Earth Day, Media Challenge, Name Challenge then the latest, the Wordsearch Challenge

**110th Birthday Word Search**



Well done to Nicole Bannister and her daughter, Megan, who built this winning Word Search, consisting of a mammoth 110 WORDS! What a perfect number considering it's our 110th Birthday year at GIRL GUIDES!! So welcome to part 2 of our competition!! Now it is your turn to try to FIND ALL 110 WORDS! Once you have found them all, scan or take a photo of your entry form and either email it to girlguidesmarketing@gmail.com or WhatsApp it to 0845910077! All entries received will go into a draw, and both Nicole (& Megan), together with the winner of the draw, will win a R250 Mr Delivery OR Uber Eats voucher!! There is also a Word Search just for the Teddies & Brownies to also have a chance to win! All entries must be in by 30 May! Winners will be drawn on 1 June! \*Competition is only for members of GIRL GUIDES Cape

West

Should you receive this Newsletter after closing date, you can still have FUN completing it. Sheets at the end of this Newsletter.

**Email 18 of 2020 :** *Message from Katelijne Wademan (Regional Commissioner)*

Please find attached the 110th Birthday Word Search to share with your Districts.

"I would like to encourage all members to participate in the activities that GGSA and Cape West are organising to keep us all connected. It is at times like these that we persevere and continue to teach the girls and each other some new skills and make new friendships - distance should no longer be a deterrent to organise activities with units from around the country and around the world. "



Have you ever wondered how to be part of a Zoom Meeting?

Attached to this Newsletter is a detailed step-by-step guide on how to conduct a Zoom meeting.

- This will guide you through how to set up a meeting on your pc/laptop and on your phone
- Explain how to invite people and how to attend a meeting, should you be on the receiving side of an invite.
- Many of you know how to use it already but please share to those who do not.

Thank you to Kimberley Hing (Bothasig Rangers for this article)





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## The City Nature Challenge

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On the weekend of the 24th to the 27th of April, Cape West took part in the City Nature Challenge.



The City Nature Challenge is an annual, global, community science competition to document urban biodiversity. The challenge is a bioblitz that engages residents and visitors to find and document plants, animals, and other organisms living in urban areas. The goals are to engage the public in the collection of biodiversity data, with three awards each year for the cities that makes the most observations, find the most species, and engage the most people.

Participants primarily use the iNaturalist app and website to document their observations. The observation period is followed by several days of identification and the final announcement of winners. Participants need not know how to identify the species; help is provided through iNaturalist's automated species identification feature as well as the community of users on iNaturalist, including professional scientists and expert naturalists.

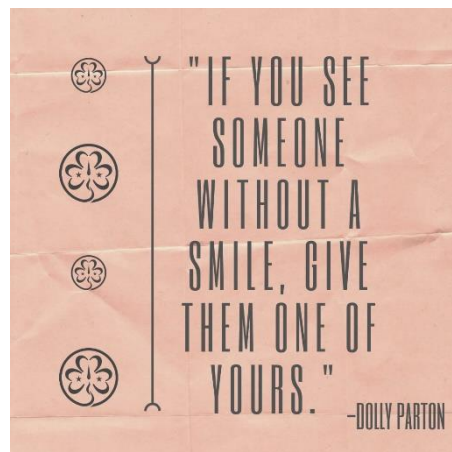
There were 50 participants from Cape Point, Cape Pen, Helderberg, De Grendel and Outeniqua and included 1 Teddy, 7 Brownies, 18 Guides, 9 Rangers, 1 Young Leader, 12 Adult Leaders, 1 GSG member and 1 parent. The only Branch not represented was Trefoil Guild! Come on Trefoil Guiders, it's not that hard.

Adult Leader Michelle Thomson (Cape Point) lead the charge with a whopping 264 observations. Our GSG mom Jenni Reeves (Cape Pen) had 86 observations. Courtney Schelhase (De Grendel) was the Ranger with the highest observations at 65. Aurora Van Til (Cape Point) was the Guide with the most observations at 64 and Young Leader Morgan Lottering (Cape Pen) had 45 observations. Brownie Keziah Job (Cape Pen) had 56 observations and Teddy Diya Dhanjee (Cape Pen) had 24 observations. Our Regional Commissioner Katelijne Wademan was not too shabby with 38 and all the way in George, Adult Leader Dilys Armstrong managed to achieve a very respectable 33 observations.

This year is the first time that the Garden Route (Knysna, George, Mossel Bay ) was participating and the second time Cape Town entered the competition. Despite the hard lockdown, Cape Town took first place for Observations, second for Species and 7th for Observers. The Garden Route came 10th, 6th and 41st. 244 cities took part in this year's competition which saw a decrease in Observations (due to COVID19) but an interesting increase in Species.

Well done to everyone who participated. Now you know how the weekend runs and how interesting it is to look for all those bugs and plants and we look forward to having fun in nature again next year.

**Summited by : Melinda Lottering  
(Regional Brownie Advisor)**



## NEWS FROM AROUND THE REGION

### TEDDIES

A Teddy from 1<sup>st</sup> Bergvliet, Anneli age 6, has been very busy working on her badges during lockdown. She completed 6 interest badges and the Malta challenge.

Here she explains the growth of a plant after having drawn the whole process from seed to a budding plant bearing flowers and fruit.



### BROWNIES

This is Ava Jearey, who was enrolled as a Monte Vista Brownie in February. She wrote a lovely prayer for the Pack's prayer book while on lockdown. →



←  
1<sup>st</sup> Bergvliet Brownies held their second Zoom meeting recently. The girls made their rain gauge. The bottle was pre-cut by an adult which saved time.



Ava's prayer  
Dear Lord  
Thank you for  
the trees and  
the flowers  
and the rain.  
Please keep all  
my fellow Brownies  
safe and healthy  
and my Brown Owl.  
Amen

## GUIDES

### Scout Lockdown Competition

by Megan Wannenburg

On Sunday the 19 April 2020 from 11am – 3pm the Scouts held the Lockdown Trophy in lieu of the annual Upton Shield competition.

1<sup>st</sup> Fish Hoek Guides entered a team which included Amber-Rose, Soso, Aurora and myself (Megan). The competition was held on a free app called Discord. Each team had a private chat and a Judge who would mark our completed tasks. About every half an hour we received some more tasks to do and realizing that they were due in ten minutes, sometimes we just had to guess! A few of the tasks that I was assigned to do by my PL were: making a mouse trap using any materials from home, drawing a map of a hiking route from Table Mountain to Kirstenbosch and deciphering two codes. Finally at 2.30 we all moved to the virtual parade ground in which we heard the voice of a Judge who read out the winners. We came tenth out of 43 teams which we are very proud of so we celebrated with a bunch emojis on our group chat! The competition was lovely.



\*\*\*\*\*  
Lockdown Competition : From: Amber-Rose Berry, 1st Fish Hoek Guides

On Sunday the 19th March four girls, from 1 st Fish Hoek Girl Guides, set out on a mission to prove that COVID-19 couldn't stop them. After several days of WhatsApp groups and setting up Discord profiles, it was time to make it happen. These girls were going to be part of a pioneering venture - an online Scouting competition arranged and run by Western Cape Scouts. We didn't know exactly how it would work.

Fifteen minutes before the competition was due to start, I woke up to the sound of my younger brother watching a movie. Unaware of the time I ambled down the passage and flopped down on the couch next to him, when I finally got up to check the time I was in for a real shock, the competition was due to start in five minutes! Yikes! As I was the Patrol Leader for the day, it was vital that I was prepared for what lay ahead. Quickly, I grabbed my ipad and logged on to the parade ground. Instructions were given and my team of four amazing females went on to our private "Team 11" voice chat room. Tasks started coming through thick-and-fast each with their own time limit and different instruction as to whether they were for an individual member, full team or whether it had to be split. Everyone was researching and making presentations, submitting answers, taking pictures and even making animal traps.

Intermittently, we were also called to bases, where we "met" a judge on a voice channel and were quizzed. There was a lot to do and very little time. The pressure was on! After a few hours of this time juggling, deadline chasing and 26 tasks later, the results were in.

When the judging team were ready, all 42 teams logged into the parade ground and listened. They thanked a few people, as usual, and read out top ten results. We all reckoned we had a chance of top ten so were on the edge of our seats, "In tenth place is 1 st Fish Hoek" said the announcer. Now with this being a Scout competition they didn't think to say the GUIDES part after 1 st Fish Hoek (the 1 st Fish Hoek Scouts were also competing) so we didn't realise we had just placed tenth in a competition with forty something teams until later when they put out the result list. It was real and it was fun and as a whole it was a really futuristic experience that I was so lucky to be part of!



Aurora, Soso, Amber-Rose, Megan

Amber-Rose busy at work on her map.



## TREFOIL GUILD

Joan Nienaber – Helderberg Trefoil Guild. Called home 27 March 2020

An obituary to Joan Nienaber - member of Helderberg Trefoil Guild.

*Joan was born in northern England in 1928 and enjoyed a happy childhood there. When war broke out her father was moved south and they lived in Maidenhead, where Joan attended the local Grammar School. She trained as a nurse in London, during which time she met a young South African doctor – Martin Nienaber. Martin returned to South Africa when qualified and got a post at Tygerberg Hospital. Shortly after that Joan left England and travelled alone to Cape Town. She and Martin married and set up home in Stellenbosch, where they had 5 children – 3 daughters and 2 sons. She lived in Stellenbosch all her South-African life.*



*When her children were old enough to spare her, Joan became involved with the Girl Guides at Stellenbosch, where she was the local Brown Owl and later also the District Commissioner. Guiding in Stellenbosch was strong but gradually faded and it hurt Joan very much when the District was closed down and the old Guide Hall property sold. Joan also held positions in Cape West Region and was an Honorary Life Member. She was also very involved with the local Rhenish Girls School – both as a supportive parent and as an exam invigilator.*

*In 1993 the Helderberg Trefoil Guild was formed and she became a founder member and held office for several years. As the years passed and Joan's circle of friends dwindled the Guild became a very important part of her life.*

*She attended every function she could and even when no longer driving came to the meetings by Uber. Joan will be remembered with love and affection as a loyal, intelligent and extremely well-travelled lady and a wonderful friend. Her family are scattered around the world but it did not phase Joan to jump on a plane to Ireland, Australia or Pretoria if one of the grandchildren was involved in an event. She will be sadly missed.*

*RIP Joan.*

*Jackie Blundell.*



**GIRL GUIDES SOUTH AFRICA NEED YOUR INPUT**

**WOULD YOU LIKE A GIRL GUIDE BRANDED FACE MASK?**



**\*\*PLEASE NOTE: THIS IS JUST AN EXAMPLE AND NOT THE FINAL PRODUCT!\*\***

**PROPOSED PRICE: R40-50 EACH**  
(Price would depend on how many orders we get)

**WE NEED TO KNOW:**  
Would your Region be interested in purchasing these masks?

Let your Regional Commissioners know by latest **1 June** for your input to be considered!

Could all Adult leaders please give feedback to their DC's as to what they think of having a Girl Guide Branded mask (would be great if you could ask your parents too) and if they would purchase one. All DCs to please send feedback to Katelijne ASAP so she can give feedback to National. Thank you!

The wearing of masks is now compulsory for everyone!!!!



**Congratulations**

Emma (Teddy Advisor) on your marriage to John Fourie .

Wishing you two a lifetime of happiness.

All in the family. John is Sue Fourie's son and a former Scout!!!!



*Thank you*

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To everyone whose **News** I was able to share with the rest of the Region. Any articles for the newsletter, please forward to: [geraldine.february@gmail.com](mailto:geraldine.february@gmail.com)



# ENTRY FORM

Name: \_\_\_\_\_

# COMPETITION

Cell # \_\_\_\_\_

Unit: \_\_\_\_\_

L A W P D T F I R S T A I D Y X K T U N I F O R M  
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T C L A U S E E M E E I M U G L K E C T Y W O R G  
T Z S X G I I N O M G D O D T C A P S A L U T E A  
E U I L E Y H D C G N E A A A Y H A P E P L E J M  
K S N O R C C L R Y A B E G P C S R A R I E A X M  
N D G D U U L Y B P R O M I S E D E T A A D U T Y  
A Q A G T H R I F T Y Z W R P R N D R R S Y D L I  
L L N E A T W O U R C H A L E T A T O L A V E E B  
B A D E N P O W E L L G N I K I H A L I O F E R T

- |              |             |            |            |              |
|--------------|-------------|------------|------------|--------------|
| ACTIVITY     | COLOURS     | HANDSHAKE  | OUR CABANA | SERVICE      |
| ALQ          | COMMUNITY   | HAPPY      | OUR CHALET | SHARE        |
| ART          | COMPASS     | HELPFUL    | OWL        | SING         |
| AXE          | CONSIDERATE | HIKING     | PATROL     | SISTER       |
| BADEN POWELL | COOK        | HORSE SHOE | PAX LODGE  | SIX          |
| BADGE        | COOKIES     | IMPACT     | PLANT      | SKILLS       |
| BP           | CRAFT       | JAMBOREE   | POLITE     | SMILE        |
| BE PREPARED  | DUTY        | KIND       | POW WOW    | TAPS         |
| BLANKET      | EARTH       | KNOTS      | PRAYER     | TEAM         |
| BLUE         | EMPOWER     | KONTIKI    | PRIDE      | TEDDIES      |
| BRANCH       | FAIR        | KUSAFIRI   | PROMISE    | THINKING DAY |
| BRAVE        | FIRE        | LAW        | PROTEA     | THRIFTY      |
| BROWNIES     | FIRST AID   | LEADER     | RAFT       | TOADSTOOL    |
| CAMP         | FLAG        | LIGHT      | RANGERS    | TRAIL        |
| CANDLE       | FRIENDLY    | LINK       | RECYCLE    | TREFOIL      |
| CAPE         | FUN         | LOYAL      | RESPECT    | TRUST        |
| CARES        | GAMES       | MEETING    | ROPE       | UNIFORM      |
| CEREMONY     | GIRL        | MOTTO      | SAFETY     | UNIT         |
| CHALLENGE    | GOLDEN HAND | NATURE     | SALUTE     | WAGGGS       |
| CHEERFUL     | GOOD TURN   | NEAT       | SANGAM     | WEST         |
| CHIEFS       | GROW        | OBEDIENT   | SCARF      | WHISTLE      |
| CLAUSE       | GUIDES      | OLAVE      | SCOUTS     | WOGGLE       |



# 110th Birthday Word Search

# COMPETITION

Unit: \_\_\_\_\_

Cell # \_\_\_\_\_

Name: \_\_\_\_\_

B	B	C	I	R	C	L	E	H	P	B
P	A	A	B	E	N	P	A	C	K	R
S	D	R	D	E	E	L	E	D	R	O
E	E	E	D	G	L	R	K	N	E	W
M	N	L	P	L	E	H	A	A	X	N
A	O	C	Y	F	A	S	B	H	I	I
G	I	R	L	G	U	I	D	E	S	E
I	T	E	D	D	Y	E	E	L	F	S
R	O	W	F	R	I	E	N	D	W	K
L	D	E	T	R	E	H	T	O	M	O

BADGES  
CARE  
CIRCLE  
FRIEND  
FUN  
GAMES  
PACK  
BP X 2  
OWL

HALL  
HELP  
SHARE  
TEDDY  
TRY  
BROWNIES  
GOLDEN  
BAKE

HAND  
BADEN  
GIRL  
GUIDES  
SIXER  
DEN  
MOTHER  
TED  
GIRL

FOR Teddies  
AND BROWNIES