



GIRL GUIDES South Africa Cape West

9 Central Square, Pinelands, 7405

Tel: 021 531 1872

Fax: 0865688429

ggcw@telkomsa.net

www.capewestgirlguides.org.za

TERM 1 2018



Dear Cape West

The end of the first term has arrived so quickly. It seems like just the other day that some of our girls were starting school for the first time. Others went to high school and then there were those entering University. As usual, the highlight of the first term for everyone is the celebration of the birthdays of Lord and Lady Baden Powell. We were greatly pleased to see so many of you at our Thinking Day and Guide Sunday celebration. Congratulations to all of you who carried your unit colours and those who were in the official flag parties. It was indeed a memorable day for us all and we are deeply indebted to Wynberg Girls High for allowing us to use their beautiful grounds and hall on the day.

Thank you to everyone who attended, for the tins of pet food which were donated to TEARS and for the generous donation of R1720 which we were able to give to "Help the Rural Child". (I am sure you also all gave to the World Thinking Day Fund at your unit and guild meetings.)

A number of photographs of our Regional event appeared in various media . Girls wore their uniforms to school on World Thinking Day 22 February 2018 and had their photos in their school newsletters.

WHAT IS THE WORLD THINKING DAY FUND?

It all started in 1932 when Lady Olave Baden-Powell wrote a letter to all Girl Guides and Girl Scouts asking them to spare a penny to help Girl Guiding and Girl Scouting to grow. The idea is simple: "One coin might not seem like a lot, but 10 million coins can grow our Movement and the potential of Girl Guides and Girl Scouts around the world."

Theme for World Thinking Day 2018 : Impact



SANJAMB 2017



Just to take you back to December 2017: A contingent of Guides, Rangers and Adult Leaders spent a fantastic time at the South African National Jamboree (SANJAMB) that was held in the Free State. This event was hosted by Scouts SA. From thereports received, it seems as if they all had a great time. They renewed old friendships, made new friends and came back with treasured memories. The activities they were involved in included: backwoods camping; orienteering; dutch oven & camp cooking; various water activities; pioneering; abseiling; archery; craft and much, much more. We look forward to hearing more about this exciting event at our Regional AGM.

ARE YOU READY FOR 4 APRIL?

Excitement is mounting, bottle tops are being collected and we are set to break that record. Looking forward to seeing you, your family, friends and everyone else who helped with the collection of tops. It promises to be a day of fun and games. All bottle tops will be donated to OPERATION SMILE after the event. Make sure you there!!!!

GIRL GUIDES CAPE WEST
GUINNESS WORLD RECORD ATTEMPT

OFFICIAL ATTEMPT LONGEST STRING OF PLASTIC BOTTLE CAPS!

When 4 April 2018
Where Old Mutual Sports Ground, Pinelands
Time 8:00 - 17:00

FOOD CRAFT STALLS ENTERTAINMENT
 JUMPING CASTLES FACE PAINTING AND MORE!

Bottle caps to be donated to Operation Smile to fund one cleft lip and/or palate operation!

Our Partners: **OLD MUTUAL**, **Operation@Smile South Africa**, **Recyclemania**



News from around the Region

1st Bergvliet Brownies: Congratulations to Stephanie & Reese on receiving their Golden Hand badges - the highest award a Brownie can achieve WELL DONE WELL DONE WELL DONE



2nd Bergvliet Brownies celebrated four enrolments



These Teddies wore their uniforms to school on Thinking Day ►



<1st Monte Vista Brownies had some special visitors at their meeting - adorable kittens from A.R.T. (Animal Rescue Team), as well as a bunny and a parrot. The Brownies learnt why it is important to have pets sterilised and how to provide a loving home for them. They also collected cat food and treats for the animals.

Khayelitsha Brownies from Eluxolweni Primary School ►



Ladies in Red:

Clarewyn Trefoil Guild. Two members renewed their promise: Glenda Smith and Lyn Blair with Chairperson Nan Frieslaar. Congratulations ladies.



Regional Trefoil Guild A.G.M.



President Cicely Holland, guest speaker Michelle February who shared her experiences as a World Board Member, Louise Duncan, Regional Trefoil Guild Secretary and Jean Dunn, Regional Commissioner.



Cape Pen Fun Day:

Guides and Rangers were tested on their Water Safety badges. Brownies did the Brownie Swimmer badge and one Brownie passed her Aquanaut Badge. Then they had some fun water activities and the Teddies and parents joined them.



This year, to celebrate Earth Day, we will be heading to the beach on Saturday, 21 April!

See Flyer 9 of 2018 for more information.



The first Regional Boating Day for the year. Please check the Regional Calendar for the rest of the boating days to be held. .



Rangers in action:

Awesome Pirate-themed Facet Day today at Zandvlei!! Tyla from Fish Hoek Rangers ran the event as part of her Protea. Well done on a well-organised fun-filled day! Pity the wind didn't play along and the girls couldn't go sailing but everyone enjoyed the day nonetheless!!

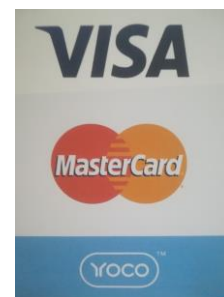


Adult Leaders can also have FUN'!!!!!!!

Stunning day at Pinelands for the Outdoor Training!!! Thank you to Antonietta for a well-planned and exciting day!! Everyone who came along learnt something new.



We are happy to announce that the Guide shop now accepts Card payments. So please spread the word to your parents.



ALL ADULT LEADERS:

Challenge yourself to attend at least one training this year. Flyers are sent out in good time. Send your name in before the due date. Then come along to learn something new, meet new friends, develop your potential and keep up to date.

We had a great turn out at the Adult Leader Qualification Training (ALQ Theory) this term. The practical training will be held on **21 April 2018**. Closing date for applications is **10 April**. All these ladies in the photo are expected to be there as well as those hidden from the camera!!

ALQ TRAINING held March 2018▶



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STOP PRESS

KONTIKI

Once again well done to all and thanks to the Guides, Rangers, Adult Leaders, parents, GSGs, Trefoil Guilders for all you put into this very special event and for flying the Guide flag high.



Three River and Cape Point rafts

Viking sports on Helderberg's raft

Bothasig Rangers



All four teams that took part this year were in the top 15 but a special word of congratulations has to go to Cape Point Guides and Rangers for taking the Spirit of Scouting trophy (proudly held here), 4th overall and for construction and 3rd for dress.

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CONGRATULATIONS

Melinda Lottering on achieving her Level 3 Facilitators' Certificate

RANGERS

FIRST CAPE WEST RANGER PROTEA AWARD

Bothasig Rangers

Kimberley Hing

GUIDES

CHIEF'S CHALLENGE

1st Fish Hoek

Jemma Gill

BROWNIES

GOLDEN HAND:

1st Monte Vista

Francesca Ward-Cox

1st Bergvliet

Reese Rigby

Stephanie Robbins

1st Somerset West

Emma Adamson-Kain

Isobella Koch

Jenifer Simmonds

Aimée Janse Van Rensburg

Amy Peck

Allegra Swart

RESIDENTIAL 2018

Hot off the press: We now have a date and venue Groot Drakenstein 18 to 20 May. Flyer coming out soon

OTHER DATES FOR YOUR DIARIES

4	Big Bottle-Top Event Old Mutual Pinelands
6,7,8	Ranger Camp
10	Schools Re-open
14	AGM 2:30pm Pinelands
21	Earth day
21	Mountain Awareness Training Hike -
21	ALQ training practical Pinelands
27 to 30	National Council
30	School Holiday
30	Census Day
MAY	
13	Upton Shield
18,19,20	Residential
19	Trefoil Guild Exco meeting
22	Biscuit orders due to the Office
24	Census figures due to the office
JUNE	
9	Craft Training Pinelands
16	Day at the Aquarium
22	School Close
23	Regional Committee meeting 9am